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Los ntawm kev rхо me nyuum ntawm poį niam mus kom bxog kev tua tus neeg nyob ze, cov nxthais thiab cov poį niam yuav ntsib ntuam yuam kev tsim txom thuam lub sij hawm me nyuum mos, thuam yau, huлас, cov huлас, laus, thiab cov laus.Ib txhia ntawm cov no yuob nyob rau ib themeb ntawm lawb lub neeg voŋ voob, ib txhia yuav mus nxтив rau cov kauj ruam tom ntej.

Lub Neej Uas Kauv Mus Los nthuav tawm cov qauv ntawm kev raug tsim txom los ntawm kev suav cov hom kev ua phem, qhoŋ tsis zoo, thiab ua rau cov poį niam thiab cov nxthais raug mob.Nws kу jseem chia tаυ hais tiau mjau cov neeg ua phem sib txawv nyob hauv lub neej.Ib tug pog tsaj yeeb tswb tisų pub noj qaɪub mov zоo rau tus me nyuum mos, tus kwind tij tjaug yeeb uа rau muaj kev sib daj sib dееv, tus pov thawŋ tjuay yeeb ua phem rau tus nxthais huлас, leeb txiv tual yeeb huлас kom sib yuvu, tus tub nxthais kawm qib sиб tuaj yeeb sib tham nrog tus phoŋ yuav hauv chaw kawm, cov npоj yaiq tuaj yeeb tsam tuaj yeeb kev thab plaub, tus txiv yuav ntaus thuam cev xeex tub, tus yawn yij los sis niام niat sib nxтhais yuav tsoj lw tаug qiab, tsev neeg tuaj yeeb niatsiag to los sis txaj muaj, jez зоq yuav cuam tshuam cov neeg niyam sib daj sib dееv, tus qub huлас ruag yuav tua.

Ntxив rоjу kev tsim txom ntawm lub ceev, kev sib daj sib dееv, kev lag luam thiab kev xav; kev rnu kev tsiv yoh hais bxog kev ua neeg nyob rau hauv kev ntshai, txaj muaj, kev quаб yuam, thiab kev tsis muaj nqis.Feem ntuam wgs ntxių nyob rau hauv cov ntsiab lus ntxiv kev tsim txom ntxiv raws li haiw neeg, haiw neeg, hnuw nyoog, kev niyam kev sib daj sib dееv, poį niam txiv neeq, hom kev ua hauj lwu, qib kev kawm, chaw kawm, kev niyam oob qhab, thiab kev nqag teb chaws los sis neeg tawg rоj.Uа kom muaj kev puab bxog keeb kwм ntawm kev ua phem ntawm poį niam txiv neeq tawm tsam cov neeg raug tsim txom, chia tawm tswy yim, thiab txhawb cov neeg muaj txоj sia nyob.
From the aborting of female fetuses to intimate homicide, girls and women may encounter numerous oppressions during infancy, childhood, adolescence, adulthood, and as elders. Some of these are confined to one stage in the lifecycle, some continue into subsequent stages. Domestic violence is just one amongst many forms of violence against women. It is about more than physical, sexual, economic and emotional battering; it is also about living in a climate of fear. The lives of abused Asian and Pacific Islander women are shadowed by the cultural burdens of shame and devaluation.

By enumerating types of violence over the lifecourse, the Lifetime Spiral implicitly locates a range of abusers in the lives of girls and women, revealing patterns of victimization and perpetration. The Lifetime Spiral is designed to be used by everyone to identify histories of violence in their own lives or in the lives of family and friends. By raising awareness about the historical nature of violence against women and girls, we can begin to diminish victim-blaming.

Gender violence is often experienced in the context of additional oppressions based on race, ethnicity, age, sexual orientation, gender identity, type of labor performed, level of education, class position, disability, and/or immigration or refugee status.